

## 27 Budesonide – Patient Information

Your T.R.U.E. TEST<sup>®</sup> indicates that you have a contact allergy to Budesonide. This contact allergy may cause your skin to react when it is exposed to this substance although it may take several days for the symptoms to appear. Typical symptoms include redness, swelling, itching and fluid-filled blisters.

Budesonide is a potent corticosteroid and anti-inflammatory agent that is most commonly used topically to treat skin disease. Budesonide may be found in medications used to treat asthma, non-infectious rhinitis (including hay fever and other allergies), and nasal polyposis.

### Where is Budesonide found?



*At work*, you may find Budesonide in or around:

- Anti-Inflammatory agents found in topical medications
- Creams, lotions, ointments, and powders
- Inhalation drugs, tablets, and injectables
- Rectal suspensions for treatment of colitis and related diseases



*At home*, you may find Budesonide in or around:

- Anti-Inflammatory agents found in medications prescribed topically for eczema and other local inflammations
- Creams, lotions, ointments, and powders
- Ear, Nose, and eye drops for rhinitis, otitis, and conjunctivitis
- Inhalation drugs, tablets, and injectables for rhinitis, asthma, and other allergy related lung diseases
- Rectal suspensions for treatment of colitis and related diseases

### How can you avoid Budesonide?

- Check all topical, anti-inflammatory preparations (prescription and over-the-counter) for Budesonide and related corticosteroids. Do not use products that list these substances on the label or package insert. If there is no information, ask your pharmacist.
- Inform your healthcare provider that you are allergic to Budesonide and ask that they use products that are free from this allergen.
- Avoid preparations that contain Budesonide and cross-reacting corticosteroids.
- Avoid nasal sprays that contain Budesonide and related corticosteroids.
- When purchasing products that may come in contact with your skin, check the list of ingredients for any of the names listed above. If in doubt contact your pharmacist or physician.

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### What should you look for and avoid?\*

Avoid products that list any of the following names in the ingredients:

- (11-beta,16-alpha)-16,17-(Butylidenebis(oxy))-11, 21-dihydroxypregna-1,4-diene-3,20-dione
- (RS)-11beta,16alpha,17,21-Tetrahydroxypregna-1, 4-diene-3,20-dione cyclic 16,17-acetal with butyraldehyde
- 16-alpha,17-alpha-Butylidenedioxy-11-beta, 21-dihydroxy-1,4-pregnadiene-3,20-dione
- Bidien
- Budeson
- Cortivent
- Entocort
- Micronyl
- Preferid
- Pulmicort
- Respules
- Rhinocort
- Rhinocort alpha
- Rhinocort aqua
- Spirocort

### Avoid medication such as:

- Amcinonide
- Desonide
- Fluclorinde
- Flunisolide
- Fluocinolone acetonide
- Fluocinonide
- Halcinonide
- Procinonide
- Pulmicort®
- Rhinocort Aqua®
- Rhinocort®
- Symbicort®
- Triamcinolone
- Triamcinolone acetonide
- Triamcinolone diacetate

### You may also react to other medications such as:

- Hydrocortisone-17-butyrate
- Hydrocortisone-17-aceponate
- Hydrocortisone buteprate
- Methylprednisolone aceponate
- Prednicarbate

\*For additional information about products that might contain budesonide, go to the Household Product Database online (<http://householdproducts.nlm.nih.gov>) at the United States National Library of Medicine. These lists are brief and provide just a few examples. They are not comprehensive. Product formulations also change frequently. Read product labels carefully and talk to your doctor if you have any questions. These are general guidelines. Talk to your doctor for more specific instructions.



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For further information about contact allergies and patch testing, visit [www.truetest.com](http://www.truetest.com)